

Table of Contents

List of Tables.....	ix
List of Figures	x
Abstract	xii
<i>KEYWORDS</i>	xii
Chapter 1 Introduction	1
<i>1.1 HISTORICAL SOURCES AND ARCHAEOLOGY</i>	1
<i>1.2 RESEARCH IN SOCIOECONOMIC STATUS</i>	1
<i>1.3 PREVIOUS RESEARCH ON WORKHOUSES – HISTORICAL.....</i>	2
<i>1.4 PREVIOUS RESEARCH ON WORKHOUSES – ARCHAEOLOGICAL</i>	2
<i>1.5 BRIEF OVERVIEW OF POST-MEDIEVAL ENGLAND</i>	3
1.5.1 Living Standards	3
<i>1.6 RESEARCH QUESTIONS</i>	3
<i>1.7 STUDY LAYOUT.....</i>	4
Chapter 2 Historical Background	5
<i>2.1 IMPORTANT EARLY STATUTES REGARDING THE POOR.....</i>	5
2.1.1 The End of Feudalism and the Great Plague.....	5
2.1.2 The Provision of Outdoor Relief.....	6
2.1.3 Vagrancy and Begging.....	6
<i>2.2 THE FOUNDATIONS OF THE OLD POOR LAWS</i>	6
2.2.1 The Establishment of the Workhouse	7
2.2.2 Key Points: The Old Poor Laws	7
<i>2.3 CHANGE IN PUBLIC OPINION OF THE POOR</i>	8
2.3.1 Old Poor Laws and the Poor	8
2.3.2 Changing Perceptions of the Poor.....	8
<i>2.4 FACTORS LEADING TOWARD POOR LAW REFORM.....</i>	9
<i>2.5 THE CREATION OF THE NEW POOR LAWS</i>	10
2.5.1 Key Points: The New Poor Laws.....	11

2.6 GENDER AND POVERTY IN THE 19 TH CENTURY	11
2.7 CHANGE IN MEDICAL CARE AVAILABLE WITHIN THE UNION WORKHOUSE	12
2.8 TREATMENT OF CHILDREN IN THE POOR LAWS	12
2.9 CONCLUSION.....	13
2.9.1 Key Points.....	13
Chapter 3 Materials and Methods	14
3.1 RATIONALE BEHIND SITE SELECTION.....	14
3.1.1 Historical Background for Cemeteries Relating to the Parish (Old Poor Laws).....	15
3.1.2 Historical Background for the Records Relating to the Union (New Poor Law).....	17
3.1.3 Historical Background for the 19 TH Century Independent Labourer Cemetery	18
3.1.4 Historical Sources to Study Workhouse Admission and Discharge	19
3.2 METHODS OF OSTEОLOGICAL DATA COLLECTION	20
3.2.1 Pathological Conditions Recorded.....	21
3.3 HISTORICAL DATA COLLECTION.....	27
3.4 SURVIVING WORKHOUSE DIETARIES (PARISH AND UNION)	28
3.4.1 Methods for Studying the Diets of the Workhouse.....	31
3.5 POTENTIAL ISSUES AND BIASES	32
3.6 CONCLUSION.....	33
Chapter 4 Results.....	34
4.1 DID THE DIETS OF THE WORKHOUSE INMATES DETERIORATE AFTER 1834?	34
4.1.1 Reformation of the Diets.....	34
4.1.2 Nutritional Status of the Parish and Union Diets	35
4.1.3 Caloric Expenditure and Intake.....	36
4.1.4 Key Points.....	37
4.2 DID THE DEMOGRAPHIC COMPOSITIONS OF THE WORKHOUSES CHANGE IN THE 19 TH CENTURY? A LOOK AT THE OSTEОLOGICAL AND HISTORICAL RECORDS.....	38
4.2.1 Demographic Information from the Osteological Records	38
4.2.2 Historical Demography from the City of London Corporation of the Poor and the Shoreditch Union Workhouse	40
4.2.3 Cyclical Use of the Workhouse	41

4.2.4 Length of Stay within the Workhouse	42
4.2.5 Key Points.....	44
4.3 <i>ARE THE HISTORICAL AND OSTEOLOGICAL RECORDS RELATING TO THE WORKHOUSES COMPARABLE?</i>	44
4.3.1 Broadgate and London Corporation of the Poor	44
4.3.2 St Bride's lower and St Bride's Parish.....	46
4.3.3 Cross Bones and St Saviour's Parish	47
4.3.4 Key Points.....	48
4.4 <i>CHANGE IN THE PRESENCE OF PATHOLOGICAL CONDITIONS</i>	48
4.4.1 Infectious Disease	50
4.4.2 Joint Disease	52
4.4.3 Metabolic Conditions.....	54
4.4.4 Trauma.....	55
4.4.5 Cribra Orbitalia	57
4.4.6 Key Points.....	59
4.5 <i>CHI-SQUARED RESULTS</i>	59
4.6 <i>CONCLUSION</i>	59
Chapter 5 Discussion.....	61
5.1 <i>HOW THE LEGAL CHANGES AFFECTED THE INMATES' DIET</i>	61
5.1.1 The Effects of Starvation on the Human Body	62
5.1.2 The Change in the Presentation of Metabolic Conditions between the Old and New Poor Laws	66
5.1.3 The Influence of Poverty and the Presence of Infectious Conditions	68
5.2 <i>INSTANCES OF TRAUMA AND THE INFLUENCE OF TIME</i>	69
5.2.1 Surgical Intervention.....	69
5.3 <i>DID THE LIFE OF THE INMATE OF THE UNION WORKHOUSE GET WORSE?</i>	70
5.4 <i>HOW DOES THE DEMOGRAPHY CHANGE BETWEEN THE OLD AND NEW POOR LAWS WITHIN THE OSTEOLOGICAL SAMPLES</i>	70
5.4.1 Bias between Male and Female Inmates?	70
5.4.2 Elderly Inmates	72
5.4.3 Children and Adults	73
5.4.4 How Did the Demography of Workhouse Inmates Change from the Old to the New Poor Laws?	73

<i>5.5 HOW DO THE OSTEOLOGICAL AND HISTORICAL RECORDS COMPARE?</i>	73
5.5.1 Length of Stay in the Shoreditch Union Workhouse	74
5.5.2 Cemeteries and Records Linked; Do They Agree or Present Differing Evidence?	74
<i>5.6 CONCLUSION</i>	74
Chapter 6 Conclusion	76
<i>6.1 REVISITING THE RESEARCH QUESTIONS</i>	76
<i>6.2 LIMITATIONS PRESENTED THROUGHOUT STUDY</i>	77
6.2.1 Nutritional Limitations.....	77
6.2.2 Osteological Limitations.....	78
6.2.3 Historical Limitations	78
<i>6.3 CYCLICAL NATURE OF WELFARE</i>	78
6.3.1 The Creation of the Welfare State (1942-1980).....	78
6.3.2 Thatcherism and the Age of Austerity (1980-Present).....	79
6.3.3 The Cyclical Nature of Welfare	79
<i>6.4 POSSIBLE FUTURE RESEARCH</i>	79
<i>6.5 FINAL REMARKS</i>	80
References	81
<i>7.1 PARLIAMENTARY PAPERS</i>	92
<i>7.2 ANCESTRY.CO.UK RECORDS</i>	92